



SOUTHERN OREGON SUCCESS UPDATE

May 2018

--Community Forums Coming Up

--Dr. Ken Ginsburg “Resilience in Action” Power Point Link

--Great Article by Dr. Michelle Homer Anderson on Rogue Community Health, Rouge Regional Medical Center and Southern Oregon Pediatrics

--Open ACEs Trainings in Grants Pass & Medford

--Maternal Mental Health Workshop with Dr. Wendy Davis

COMMUNITY FORUM INVITATIONS:

Jefferson Regional Health Alliance (JRHA) is conducting a community health assessment to gain a greater understanding of the health issues facing Jackson and Josephine Counties, how those needs are currently being addressed, and opportunities to better address needs in the future.

As part of this process, JRHA is hosting a community forum in each county:

- Monday, May 7, 7:00-8:30pm, Jackson County Health & Human Services, Room 2002 (140 S Holly St, Medford)
- Tuesday, May 8, 7:00-8:30pm, Asante Three Rivers Center for Outpatient Health, 4th flr Conference Room (537 Union Ave, Grants Pass)

Light refreshments will be provided. The community forums will include a brief presentation of data as well as large group and small group discussions of community health strengths and needs. You are invited to participate in the forum for your county to discuss your experiences and perspectives. Your participation and the information you share is vital to this assessment and improving health in your community. This is an opportunity to make your voice heard.

We look forward to hosting the community forums and hope to see you there! If you have any questions, please refer to www.jeffersonregionalhealthalliance.org/cha or contact Angela Warren angela@jeffersonregionalhealthalliance.org

And from the Oregon Health Authority:

The Oregon Health Authority continues to seek input on the future of healthcare statewide. The agency is in the process of developing the plans for next steps for Coordinated Care Organizations (CCOs), such as AllCare, Jackson Care Connect and Primary Health in our region.

They are calling this the development of “CCO 2.”

There will be a CCO 2.0 Community Forum hosted by OHA Director Pat Allen and other OHA staff on Friday, May 11th from 10 am to noon at the RCC/SOU Higher Education Center, room 132 at 101 S. Bartlett. Spanish and ASL interpreters will be available if requested.

Also: an important CCO 2.0 OHP member survey can be found at: <https://www.surveygizmo.com/s3/4337245/CCO-2-0-OHP-Member-Survey> It will be open until June 15th. This is for OHP members or caregivers of members.

This current survey is in English, though a Spanish printed form is available, and a Spanish link will be available soon. Other languages will also be provided soon. If you want a printed form in English or Spanish for members to fill out, please email Belle Shepherd at BELLE.SHEPHERD@dhsosha.state.or.us

DR. KEN GINSBURG’S “RESILIENCE IN ACTION” POWER POINT LINK

Last month’s presentations of “Resilience In Action” by Dr. Ken Ginsburg at Southern Oregon University, Rogue Community College in Grants Pass, and the Douglas County Resilience Summit 2018 were a great success in each county he visited. Over 1,000 people in our region were able to attend the events.

Many participants requested a copy of the power point slides from the presentation, and Dr. Ginsburg is happy to share them. We have posted the slides on the Southern Oregon Success

website at [this link](#). There is a great ACEs primer video on the page, and you can scroll down from there to the link to download the Ginsburg power point.

For more information on Dr. Ginsburg's presentation, or on the "Reaching Teens" curriculum/toolkit that he developed with the American Academy of Pediatrics (currently in use during monthly meetings of our cross-sector Reaching Teens Work Group) please email peter_buckley@southernoregonsuccess.org.

Our thanks again to our Regional Department of Human Services, AllCare, the Oregon Pediatric Society, the Douglas County Resilience Summit, Southern Oregon University and Rogue Community College for joining in partnership with Southern Oregon Success to bring Dr. Ginsburg back to our region.

GREAT ARTICLE BY DR. MICHELLE HOMER ANDERSON ON TRAUMA-INFORMED PRACTICES IN REGIONAL HEALTH CARE

Dr. Michelle Homer Anderson of Southern Oregon Head Start (and a key member of our Southern Oregon ACEs Training Team) was asked by Trauma-Informed Oregon to write an article for their website on some of the work happening in our region. Dr. Anderson responded with a great report on what's going on at Rogue Community Health, the Rogue Regional Medical Center, and Southern Oregon Pediatrics. Here's [the link](#), please give it a read.

OPEN ACES TRAINING IN GRANTS PASS & MEDFORD

The Southern Oregon ACEs Training Team is offering free training sessions to parents, educators, health and human services workers, public safety personnel, members of the business community and community members at large.

Wednesday May 2 in Grants Pass:

Highland Elementary School (1845 NW Highland Avenue, Grants Pass, OR 97526)

The Grants Pass School District is pleased to invite the Grants Pass community to a public presentation on Adverse Childhood Experiences, or ACEs for short. This 90-minute presentation will cover what the study was, what we now know about the amazing ways we as humans adapt to our world, why ACEs play a significant role in the quality of our health as adults, and most importantly, what we can do together to reduce adversity in our community and improve our overall health and quality of life.

We will serve a pizza **dinner at 5:30 pm** to everyone who can come. We will also be providing childcare for ages 3 to 10. We encourage you to bring your children to dinner. After dinner, our Grants Pass high school leadership students will be providing childcare for you. While they play, you can come to the presentation to learn about ACES, how it impacts most of us, and how we can become resilient through our adversity. The presentation will begin at 6 pm.

Interested? [Click here and let us know you are coming](#). You will get a confirmation email when you register for the event. No email? No problem. Give us a call at (541) 474-5715 (press 1 at the voice message).

These presentations are open to the public. For info: tbloomquist@grantspass.k12.or.us

Thursday, May 22 in Medford:

Human Services Building, 140 So. Holly Street, 1 pm to 3 pm

Presented by Rick Rawlins of Jackson County Mental Health (and the Southern Oregon ACES Training Team)

To sign up for the session, please contact peter_buckley@southernoregonssuccess.org

If you would like to receive a Certificate of Participation for professional development, please register at PD Networks.

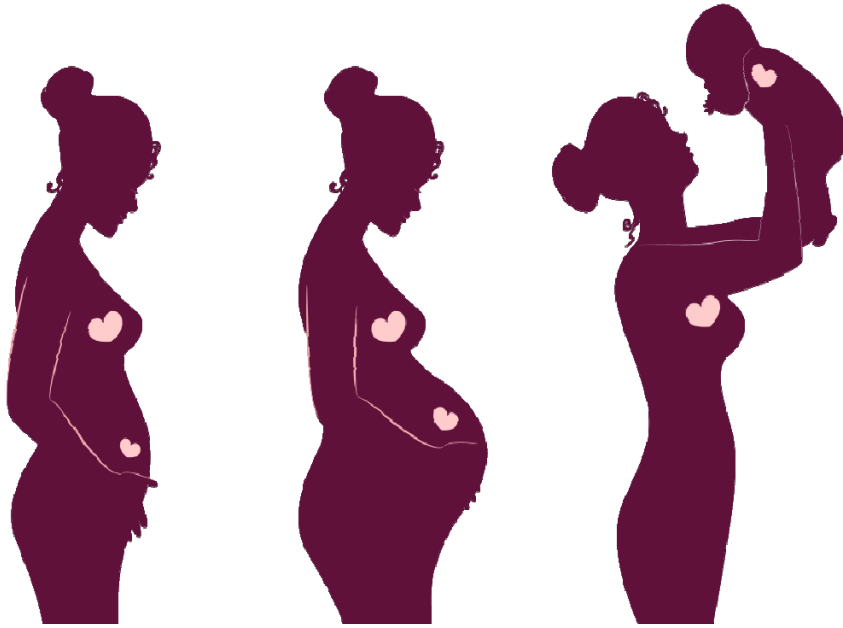
Supporting Maternal Mental Health

A free discussion and community training opportunity.

Presenter: Wendy Davis, PhD

Oregon Coordinator & Executive Director

Postpartum Support International (PSI)



Please join us! Thursday May 10th, 2018 1:00pm – 4:00pm

DHS Bldg - Conference Room 2101 NW Hawthorne Ave.

Grants Pass, OR 97527 *Park in lot or nearby streets

You will learn...

- What free resources are offered by PSI?
- What are the signs & symptoms of perinatal mood disorders?
- How can you best support and offer resources to women and families?

Did You Know?

- 1 in 4 new moms feel depressed or anxious during and after pregnancy.
- 1 in 7 moms experience serious depression or anxiety during pregnancy or postpartum.

Wendy Davis will share with our community about the importance of supporting prenatal and postpartum mental health, and the work of PSI across Oregon and around the world. PSI's purpose is to increase awareness among public and professional communities about the emotional changes that women experience during pregnancy and postpartum.

[CLICK HERE TO REGISTER FOR THIS FREE EVENT!](#)

For more information, please contact Annie: annie.valtierra@HCCSO.org



May 2018