



Winter 2021

Please post newsletter and training calendar!

Child Care Resource Network wants to reach **EVERYONE** in our early childhood community!

To receive our mailings contact CCRN at CCRN@soesd.k12.or.us or call (541) 776-8590 x 1126 to be added to our distribution list.

Be sure to add CCRN's email to your contacts!

We want to stay in touch!

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Greetings from All of Us at Child Care Resource Network

Finally, 2020 is drawing to a close! WELCOME 2021!!

- ◆ **This has been a year like no other** - enduring a global pandemic, facing issues of justice and equity, and then, in September, devastating wildfires destroying lives and livelihoods in our region.

We know our field of early care and education has been hard hit, with a lot being asked of all of you who provide care to young children. Programs have been forced to close or are struggling to stay open while meeting the important and required ELD Emergency Health and Safety guidelines.

Our community, parents, children, the Early Learning Division, and all of us at CCRN owe you a huge dept of gratitude. **THANK YOU** for your efforts and hard work to offer this essential service.

- ◆ **To keep you aware of resources, trainings, and new guidance from ELD** on emergency child care, we are sending **Weekly Updates** to keep you informed - please let us know if you are not getting our emails. CCRN staff are continuing to work remotely, doing our utmost to maintain services, respond promptly, and assist you in any way we can to help your business survive and thrive.

For now, all trainings and classes are still being held online –there are many opportunities. Check out the flyers and training calendar for some great options offered locally, statewide, and nationally.

Molly Clement will be offering a series, **Beyond Behavior Management**, an **RCC cohort** will be starting in January, and Gilda Montenegro-Fix will present a training on a very important and timely topic, **Understanding Equity and Systemic Oppression**. Also coming on February 27th is a special event sponsored by the Southern Oregon Chapter of Oregon AEYC, featuring nationally recognized early child expert and speaker, **Rae Pica** - be sure to save that date. While we are all getting better at Zoom, we are looking forward to meeting again in person - **we miss seeing you!**



- ◆ **We especially want to take this opportunity to send warm wishes from all of us at CCRN to all of you, for safe, restful, peaceful and joyful holidays this year.**

We hope you will be able to take time to practice some self-care, to relax, de-stress, and do things that bring you peace and joy. Your work is deeply valued and appreciated.

*Candelaria, Devon, Jill, Katrina, Lorena,
Martha, Mary, Molly*



Reminders and Resources

Spark There has never been a better time to get started with Spark, pick up where you left off, or advance to a higher Star level.

The Spark process has been streamlined, making finishing your portfolio much simpler than it used to be in the past. Participation in Spark has many benefits, including support and incentive funds, and higher DHS reimbursement rates for Star rated programs. Most importantly, participation in Spark is a way you can demonstrate to parents and the community your commitment to high quality care - and CCRN Quality Improvement Specialists are here to help you every step of the way.

For more information about Spark and about Focused Child Care Networks, contact Devon Finley by email or phone at CCRN@soesd.k12.or.us or 541-944-5207.



Strengths-Based Approaches to Challenging Behavior - Free Video

In the December 10th issue of ExchangeEveryDay, Child Care Exchange announced that it would make one its Ed. Flicks videos, “Strength-Based Approaches to Challenging Behavior,” available to everyone as a free gift for a limited time, as this is always one of the most requested topics. The premise of the video is that finding and supporting children’s strengths promotes positive behavior.

In the video clip, Camille Catlett says: “It’s so important to make the shift from ‘this child can’t do that,’ to ‘what CAN this child do?’ Our job is to see and tap into and grow that capability.” This **8-minute video** gives insightful reminders of what children are really saying, and what they need from us, when they are expressing challenging behaviors.



What is ExchangeEveryDay? ExchangeEveryDay is the official electronic newsletter for Exchange Press. It is free, delivered five days a week, containing news stories, success stories, solutions, trend reports, and much more. To subscribe go to <https://www.childcareexchange.com/eed/view/5338/>.

Baby Talk and 4-Minute Video

Camille Catlett, who appears in the Exchange video above, has her own great free resource, “**Baby Talk**,” that is distributed monthly. Each issue features high quality, readily available, and free resources. The December issue is included in this mailing, if you want to check it out.

To join, send an email with no message to subscribe-babytalk@listserv.unc.edu.

A short (less than 4 minutes!) and engaging video, recommended by Camille Catlett, shows young children asking their teachers to listen and talk to them more, and not just ask simple questions like “what color is a banana?” Take a look at [Young Children's Message to Teachers](#).

It's Getting Cold! Fun Winter Activities

Ice Decorations and Bird Feeders

These are so easy for children to make and a great way to spark conversation and close observation. What happens when water freezes? Why does it melt? Can it refreeze? How long does it take for the decorations to fall off when it starts to melt? Can you guess which one will fall off first? Will birds or animals come to investigate and leave with something to eat, and how did they get the seeds or berries out of the ice? These are also great as a sensory activity for children to explore ice and use tools to retrieve the objects.

Materials: dishes or trays, water, string, natural materials (berries, sticks, holly, leaves, anything goes) and birdseed if you are making bird feeders. Be sure your string is long enough to be completely frozen in the water. If it's cold enough, put them outside to freeze.



If It Snows...



Have children collect some snow and come back inside and get three containers worth of cold, room temperature, and hot water. Pour some hot water over the snow in one container, some room temperature water over the snow in the second container, and some cold water over the snow in the third container. Chart children's predictions and compare what has happened in each container. Then let them try it themselves. This is a fun science experiment to learn about snow and melting temperatures.

Ask what they know about snow, and what they think will happen when they add water to snow. Will it melt, or stay the same?

Preschool Winter Activities

Have active play inside



Sing winter songs!



Make Snow Paint...or Paint Snow

Winter Songs for Preschoolers, and included in this mailing.



<https://happyhooligans.ca/painting-the-snow/>





News from the Early Learning Division

CPR/First Aid Training Requirements and OCC Procedures During Covid-19

The following temporary changes to child care rules in response to Covid-19 State of emergency are currently in effect for CPR training requirements:

- A. *Office of Child Care (OCC) will accept online-only CPR training for providers and all necessary staff, including new staff and new providers, until July 1, 2021.*
- B. *If there is no online CPR training available in the preferred language, providers and staff are not required to renew CPR certifications for license renewal. Providers and staff will have 60 days from when the state of emergency is lifted to complete the CPR certification.*

Please review the full explanation of CPR/FA requirements for providers by license type in the attached document from the Early Learning Division. Below are reminders and clarifications from WOU Teaching Research Institute on CPR/First Aid reimbursement:



- ◆ *TRI can reimburse any eligible online CPR/FA request. All individuals in all types of licensed care, including DHS providers, are able to take online only CPR/FA. This includes new providers and individuals in any type of program, including RS providers. Providers must complete the appropriate reimbursement form and submit a WOU Substitute W-9.*
- ◆ *A gap in OCC license period or CPR certification does not make a difference; OCC will still accept the online training. Providers can be reimbursed as long as they meet all eligibility requirements.*
- ◆ *Online training for CPR/First Aid is allowed until July 1, 2021. The certification using the online CPR/FA will be valid until it expires and needs renewal even if this is outside the 60 day period that was initially stated related to the end of the state of emergency.*

Any question about the requirements for a particular situation, contact Child Care Resource Network or your child care licenser.

Prevention is Better than Treatment

A reminder that it is a requirement for all providers to take *Prevention is Better than Treatment*, a 1-hour online course. If you need assistance accessing this, please call CCRN.

Go to <http://campus.educadium.com/OCCD/> and click "Courses" at the top of the page.

Grants to Support Child Care Programs

The Early Learning Division is committed to supporting child care providers as a vital and essential service. We are grateful that many of you received grants from ELD to help you weather these difficult times.

Thank you for your commitment and effort!

Child Care Resource Network

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