

Founded in
1969

Serving Jackson
and Josephine
Counties



OnTrack
ROGUE VALLEY

Executive Director: Sommer Wolcott
Board President: Jim Maize

Mission and treatment philosophy



Mission: To empower individuals and families to overcome addiction, poverty, and social stigma through integrative counseling, stable housing, education and skills training that sustain recovery.

Philosophy and approach: OnTrack's treatment philosophy is based on the ten guiding principles of recovery, which emphasize **person-centered, strength-based, holistic, respectful treatment and support.**

We practice universal trauma precautions and strive to **help individuals identify their strengths, learn new skills, and overcome barriers** to leading a productive, meaningful life.

We utilize **evidence-based practices** to treat addiction while recognizing that long-term recovery is sustained through **health, connectedness, hope, purpose, self-efficacy and having a safe home.**

Our treatment services are delivered through a continuum of services and care coordination that addresses the **physical, psychological, social, and cognitive needs** of clients and their families.

Where are we located?

- We have outpatient office locations in Medford, Grants Pass and Cave Junction.
- We have three residential treatment facilities:
 - The HOME program for pregnant and parenting women - Medford
 - Dads program - Medford
 - Grants Pass/Hugo – adults only
 - We have approximately 250 units of transitional, low-income, second-chance or permanent housing throughout the Rogue Valley.



OnTrack
ROGUE VALLEY

Outpatient Programs



PROGRAMS

- Drug and alcohol counseling for adults and teens
- DUII (Driving under Influence of Intoxicants) Education and Treatment
- MIP (Minor-in-possession) Education and Treatment
- Anger Management
- DAAP (Domestic Abuse Alternatives Program)
- Medication-Assisted Treatment (MAT) supportive counseling (we collaborate with OASIS and Birch Grove for MAT for our clients)
- Family Counseling for substance abuse
- Spanish services available in DUII and A&D counseling (Medford)

Our Residential Treatment Facilities

HOME Program (a.k.a. Mom's Program)



- State-licensed, residential substance abuse program serving mothers and their children, with capacity for 25 pregnant or parenting mothers with children ages newborn to 5 years of age.
- Capacity slightly reduced during COVID-19 and due to staffing shortages.
- The goal of our residential treatment is to provide a safe environment for residents to obtain necessary skills to stabilize and reduce symptoms, with the overall goal to decrease level of care. Completion of residential treatment is individualized, based on the client's identified goals, and is continuously evaluated by the client and his/her treatment team.



Our Residential Treatment Facilities

Dad's Program



- State-licensed, residential substance abuse program serving custodial fathers and their children (Pre-K and under) with a 10-bed capacity. Through intensive residential treatment for fathers and their children, this service gives men a chance to rebuild their lives and become capable, caring parents.



Our Residential Treatment Facilities

Mountain View Recovery Co-ed Adult Program



- Providing a safe, supportive, substance-free living environment during early recovery while helping clients to become responsible, effective parents, partners and family members.
- This co-gender facility is licensed to accommodate up to 24 individuals and is an integral part of our network of services offered in Josephine County.

Mountain View Recovery

24-bed residential treatment facility in Hugo





Referrals and Admits to Residential Facilities

- All residential programs are currently running waiting lists. This is not unusual, and lists can change quickly.
- A typical client stay is 90-120 days.
- To begin the referral process, use the referral form located at ontrackroguevalley.org/our-programs/
- If client is self-referring, the first step is to schedule an assessment by calling (541) 772-1777.
- For questions regarding admittance to residential facilities, please call Paula Skinner at (541) 200-2403.

Peer Support Services

OnTrack believes that Peer Support is an important, distinct component of mental health and substance abuse services. Our trained Peer Support Specialists have a unique capacity to support clients based on a shared affiliation and a deep understanding of this experience. Because of this affiliation and understanding, the peer team can support individuals in their recovery and the challenges they may face in overcoming barriers. Peer Support Specialists may assist with housing coordination, life skills education, emergency needs and numerous other areas of client support.



Housing Services

- OnTrack Rogue Valley's transitional and long-term housing communities are for individuals and households with a history of recovery who receive supportive services from a referring agency in the community. Tenants must be sober and in recovery.
- Only 35% of OnTrack's housing is occupied by OnTrack clients. The remaining 65% are clients from referring agencies who offer help for veterans, seniors, people with disabilities, those needing mental health services, and treatment services for recovery from alcohol and drug addictions.
- We have affordable studio, one- and two-bedroom apartments for rent in the Medford and Grants Pass areas. There is a waiting list for vacant units in these communities.





We're Hiring!

We are currently paying a \$1,000 hiring bonus to all new employees and have raised our hourly wages!

Positions available include:

- **QMHP (Qualified Mental Health Professional)**
- **CADC I and II (Certified Alcohol and Drug Counselor)**
- **Bi-lingual Certified Recovery Mentor**
- **Counselors-in-Training**
- **Residential Treatment support staff**
- **Facilities/Maintenance**

Visit ontrackroguevalley.org/about-us/work-with-us/ to learn more.