

KINDERGARTEN, HERE I COME!

You might think that knowing the ABCs, numbers, shapes, and colors are the most important skills for children entering kindergarten. But there are other skills that are just as important – if not more important – for children to succeed in school.

Raising an eager learner is the goal, and it can be achieved easily through play and activities that parents do with children as part of the day-to-day routine.



Health and Well Being:

I'm ready for kindergarten when...

- I am healthy and my immunizations are up to date.
- I have good oral health and have visited my dentist.
- I am well-rested.
- I can fasten my pants and put on my jacket.
- I can kick balls, hop on one foot, and climb a ladder at the park.
- I can eat, wash hands, blow my nose, and use the toilet by myself.
- I get at least 60 minutes a day of exercise and active play.

Social and Emotional Development:

I'm ready for kindergarten when...

- I take turns, share, and help others.
- I stay focused and pay attention for 10-15 minutes at a time.
- I can keep trying, with support, even when I don't know how to do something.
- I enjoy following the rules and helping to make the rules.
- I can work and play both independently and in a group.
- I can manage my behavior with help.
- I can calm myself down when I get frustrated.

Language Skills:

I'm ready for kindergarten when...

- I enjoy books and stories.
- I can use a crayon or pencil.
- I know how to use a book: where to start, which way to turn pages and that the pictures and words tell a story.
- I know some of the letters of the alphabet.
- I can write some of the letters in my first name.
- I know rhyming words like pat, hat, cat, and bat.

Mathematical Thinking:

I'm ready for kindergarten when...

- I can count 10 objects correctly. (For example, in response to "Please put 10 blocks in the basket.")
- I know primary colors such as red, blue, and yellow, and shapes such as circle, square, and triangle.
- I can sort silverware in spoons, knives, and forks.
- I can put together a puzzle through trial and error.
- I can sort beads on a necklace in a red-yellow-red-yellow pattern.
- I can organize four objects from smallest to largest.